



# MARCH 2010

"THE BULLETIN BOARD"  
**ORMOND BEACH SENIOR CENTER**  
**351 ANDREWS STREET**  
**ORMOND BEACH, FLORIDA 32174**  
 Senior Center Manager – Teddy Blauvelt  
 Phone # **386-672-4146** Fax 386-672-4159

**MARCH CALENDAR**

\*Daylight Savings Time begins  
**Sunday, March 14!**

\*St. Patrick's Day is on the 17th

\*Palm Sunday is on the 28<sup>th</sup>.

\*First Day of PASSOVER is on  
**, Tuesday the 30<sup>th</sup>.**

\*Join Our New YOGA Classes!

## MONDAY

Exercise with Deanna! – BR	\$24.00 a month	9:00 a.m. ~ 10:00 a.m.	Newcomers Always Welcome!
Spanish with Josephine!-SCR	Free	9:00 a.m. - 10:00 a.m.	VIVA ESPANA!!!
Painting with Betty! NCCR	\$40.00 for 8wks	8:00 a.m. - 12:00 a.m.	Fridays & <b>now</b> Mondays too.
Poker – CAR	Donation	8:00 a.m. ~ 4:30 p.m.	Join the Poker Dudes!!
Creative Writing – SCR	Free	11:00 a.m. ~ 1:00 p.m.	Newcomers welcome!
AARP Driver Safety – NCCR	A Two-day course	12:30 p.m. ~ 4:30 p.m.	March 22 & 24 only!
Pinochle- BLDG D	\$.50/\$1.00	1:00 p.m. ~ 3:30 p.m.	Newcomers always welcome!
Hand&Foot Monday!	<b>\$.50/\$1.00</b>	<b>1:00 p.m. - 4:00 p.m.</b>	<b>A new group playing on Mondays</b>
<b>*NEW- YOGA Classes</b>	<b>FREE</b>	<b>1:30 pm - 2:30 pm</b>	<b>Mondays, Wednesdays&amp;Thurs.</b>
<b>**C.O.A. Seminar Series continues at 10:30am, Monday, the 22<sup>nd</sup> only. Call 672-4146 for reservation</b>			

## TUESDAY

Art Guild – NCCR	Yearly Dues	8:00 a.m. ~ 12:00 p.m.	Club membership
<b>*New- Aggie's FUN-ER-CISE!</b>	<b>\$24.00 a mo.</b>	<b>9:30 a.m. - 10:30a.m.</b>	<b>Gentle &amp; Fun Aerobics, Try It!</b>
MAH JONGG – CAR	\$.50/\$1.00	10:30 a.m. ~ 3:30 p.m.	Newcomers welcome
Italian lessons – SCR	Free	10:30 a.m. ~ 12:30 p.m.	Newcomers welcome
Tomoka Duplicate Bridge – BR	Dues	12:30 p.m. ~ 4:00 p.m.	Newcomers welcome
Goodtimers' Bridge – NCCR	\$.50/\$1.00	12:30 p.m. ~ 3:00 p.m.	Newcomers always welcome
Hand & Foot Cards– BLDG D	\$.50/\$11:00	1:00 pm - 4:00 pm	Newcomers always welcome
Pilates functional fitness NCCR	\$10wk/\$6day	3:30 p.m. ~ 4:30 p.m.	Tuesdays AND Thursdays!

## WEDNESDAY

Exercise with Deanna! – BR	\$24.00 month	9:00 a.m. ~ 10:00 a.m.	Have Fun with Music!!
Poker – CAR	Donation	All day	Be there or be Square!!
TAI CHI– NCCR	\$6.50	10:00 a.m. ~ 11:00 a.m.	Learn from a Master!!
Knitting & Crocheting – SCR	Free	10:30 a.m. ~ 12:30 p.m.	Newcomers welcome
<b>*NEW- FRIENDSHIP GROUP</b>	<b>\$.50/\$1.00</b>	<b>11:30a.m. - 1:00 p.m.</b>	<b>New Faces, New Places. Join In!</b>
AARP Driver Safety – NCCR	A Two-day course	12:30 p.m. ~ 4:30 p.m.	March 22 & 24 only
<b>*New- Ellen's Art Class-</b>	<b>\$45 for a 6wk course</b>	<b>1:00 pm ~ 4:00 pm</b>	<b>Call Ellen @676-1363 for info</b>
Dance Gala & Social – BR	\$3.50/\$4.50	2:00 p.m. ~ 4:00 p.m.	Singles Welcome! Refreshments!
Ask a Financial Advisor – SCR	Free Advice!	1:00 p.m. ~ 3:00 p.m.	3 <sup>rd</sup> Wed, Call for Appointment
Eucher – NCRR	\$.50/\$1.00	1:00 p.m. ~ 4:00 p.m.	Newcomers always welcome
<b>*NEW- YOGA Classes</b>	<b>FREE</b>	<b>1:30 p.m. - 2:30 p.m.</b>	<b>Try it! It's Free! Mon,Wed,Thurs.</b>

## THURSDAY

Various Poker Games- CR	Donation	9:00 a.m. ~ 1:00 p.m.	Everyone is welcome!
<b>*NEW- Aggie's FUN-ER-CISE!</b>	<b>\$24.00 a mo.</b>	<b>9:30 a.m. - 10:30a.m.</b>	<b>Twice a Week!! Twice the Fun!!</b>
Tomoka Duplicate Bridge – BR	Dues	12:30 p.m. ~ 4:00 p.m.	Newcomers welcome
Pinochle – BLDG D	\$.50/\$1.00	1:00 p.m. ~ 4:00 p.m.	Newcomers always welcome
Pilates Functional FitnessNCCR	\$10wk/\$6day	3:30 p.m. ~ 4:30 p.m.	Tuesdays AND Thursdays
<b>*NEW- YOGA Classes</b>	<b>FREE</b>	<b>1:30 p.m. - 2:30 p.m.</b>	<b>Every Mon. Wednes. &amp; Thurs!!</b>
<b>*Geneology- "is it for me" a 'How To' Lesson with Kathy Stickney Thursday, March 18<sup>th</sup> only- It's Free!</b>			

## FRIDAY

Exercise with Deanna!- BR	\$24.00 month	9:00 a.m. ~ 10:00 a.m.	Everyone Welcome! Come Join In!
Painting with Betty! – NCCR	\$40.00 for 8 wks	8:00 a.m. ~ 12:00 noon	Learn to Paint- now twice a week!
Poker – CAR	Donation	All day	Everyone welcome!
French! With Josephine!!– CR	Free	10:30 a.m. ~12:30 p.m.	It's Fun, it's Free and Oh-So-Fun!
Ask a Nurse – Office	Free	11:00 a.m. ~ 1:00 p.m.	Free advice! March 12 only!
Friday Bridge – NCCR	\$.50/\$1.00	12:30 p.m. ~ 3:30 p.m.	Newcomers welcome
<b>!BINGO- \$\$\$BIG PAYOUT\$\$\$!</b>	<b>\$1.00/\$2.00</b>	<b>12:45 p.m. ~ 4:00 p.m.</b>	<b>Friendly Crowd &amp; Great Snacks!!</b>

## DAILY ACTIVITIES

**Games and Lunch** Donation 9:30a.m. to 12:30p.m. **RSVP call 677-1549**  
**Billiards, Darts & Table Tennis– PR** Free All Day **Everybody welcome**

CLASSROOM LEGEND	
BR	Ballroom
CAR	Card Room
CR	Conference Room
CCR	Center Conference Room
DR	Dining Room
NCR	Conference Room
NCCR	North & Center Conf. Rm.
PR	Pool Room
SCR	South Conference Room

Council on Aging of Volusia County, in partnership with the community, promotes healthy, independent living through caring, competent and compassionate services.

Council on Aging of Volusia County, 160 N. Beach St., Daytona Beach, FL 32114 Phone: 386-253-4700 Fax: 386-253-6300  
[www.daytonaseniorservices.org](http://www.daytonaseniorservices.org)

Ormond Beach Senior Center is managed by the Council on Aging of Volusia County in partnership with the City of Ormond Beach.