



# JUNE 2010

**"THE BULLETIN BOARD"**  
**SICA HALL SENIOR CENTER**  
**1065 DAYTONA AVE.**  
**HOLLY HILL, FLORIDA 32117**  
 Senior Center Interim Manager  
 Amy Boswell  
**Phone # 386-236-2997**

**MARK YOUR JUNE CALENDAR**  
**MAKE YOUR RESERVATIONS FOR**  
**OUR LUNCH AND LEARN SEMINAR**  
**JUNE 18<sup>TH</sup> 10:30A.M. FIGHTING BACK**  
**SENIOR SCAMS! FREE LUNCH MADE**  
**BY FRAPPES. COMING JUNE 17<sup>TH</sup>**  
**FROM 10:00-11:00 WE WILL KICK**  
**OFF OUR NEW Wii BOWLING**  
**LEAUGE! Donated by BISHOPS**  
**GLENN! Thank you!**  
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## MONDAY

Walking Club	FREE	9:00 a.m. - 9:30 a.m.	LET'S CONTINUE TO GROW
SICA Chair Exercise	Donation	9:30 a.m. - 10:00 a.m.	Easy to Follow Video
PO -KE -NO & 31 Cards	Donation	10:00 a.m. - 12:00 p.m.	Cards and Fun
Chair Massage	\$6.00 for 15 min.	10:30 a.m. -1:00 p.m.	(By Appointment only)
BLOOD PRESSURE	FREE	11:00a.m. - 12:00p.m	14TH & 21 <sup>ST</sup> Of June
BINGO	\$1.00/\$2.00	1:00 p.m. - 3:45 p.m.	Have Fun -Win \$

## TUESDAY

SICA Chair Exercise	Donation	9:30 a.m - 10:00 a.m.	Easy to Follow Video
Poker	Donation	10:00 a.m - 1:00 p.m.	Newcomers Welcome!
Travels with Sheryl	Free	11:00 a.m. - 12:00 a.m.	Trip to Sarasota June 17th
Singles Group	Donation	12:00 p.m. - 2:00 p.m.	Large group of fun!!
Dance Lessons w/Herb&Evelyn	\$6.00/\$30.00/5Wks	12:30 p.m.-1:30p.m.	Starting in June. Call to sign up.
Social Dance	\$3..50/\$4.50	2:00 p.m. - 4:00 p.m.	Frankie K's Trio -Live Band

## WEDNESDAY

Walking Club	FREE	9:00 a.m. - 9:30a.m.	Make new friends!!
SICA Chair Exercise	Donation	9:30 a.m. - 10:00 a.m.	Easy to Follow Video
Spanish Class	\$4.00/5.00	9:30 a.m. - 11:00 a.m.	Intermediate
PO-KE-NO & 31 Cards		10:00am -12:00 p.m.	FUN
Doll Collecting Expert & Repair	\$1.00/\$2.00	12:15a.m.- 1:15p.m.	Learn Doll Values to Collect
BINGO	\$1.00/\$2.00	1:00 a.m.-3:45 p.m.	Great Payouts & Snacks

## THURSDAY

SICA Chair Exercise	Donation	9:30 am . 10:00 a.m.	Easy to Follow Video
Creative Writing	Donation	10:00 a.m.-2:00 p.m.	Serious writers critiquing writings.
Wii Bowling	FREE	10:00 a.m. - 11:00p.m.	This is really fun. Begins 17th
Poker	Donation	12:00 - 3:00 p.m.	Lots of Laughs
Line Dancing	\$3.00/\$4.00	2:00 p.m. - 3:00 p.m.	CXD We need to find a Teacher

## FRIDAY

Walking Club	FREE	9:00 a.m. - 9:30 a.m.	Get Moving
SICA Chair Exercise	Donation	9:30 a.m.- 10:00 a.m.	Easy to Follow Video
Hand and Foot	\$.50/\$1.00	10:30A.M.-2:00 p.m.	Fun Group
Men's Singing Group	Donation	10:00a.m-12:00	Join the chorus
Movie /Popcorn	Donation	12:30 p.m.-2:30 p.m.	New Movie every week
Spanish Class	\$4.00/\$5.00	1:00 p.m. - 3 p.m.	Intermediate

## **Special Events**


**JUNE 18<sup>TH</sup> 10:30A.M. COA Seminar Lunch and Learn "FIGHTING BACK SENIOR SCAMS" Sign up now, FREE LUNCH MADE BY FRAPPES. Seating is limited, please call Amy for reservations at 386-236-2997.**

**JOIN US JUNE 17<sup>TH</sup> TO KICK OFF OUR NEW Wii BOWLING LEAGUE SPONSORED BY BISHOPS GLEN! CALL TO PLAY!**

**Watch this space for new Activities coming to Sica Hall**

**Fill out the questionnaire and place it in the box at the entrance**

**We want to hear from you on activities you would like. Come JOIN US FOR THE KICK OFF OF OUR NEW Wii BOWLING GAME JUNE 10.**



Council on Aging of Volusia County, in partnership with the community, promotes healthy, independent living through caring, competent and compassionate services.

Council on Aging of Volusia County, 160 N. Beach St., Daytona Beach, FL 32114 Phone: 386-253-4700 Fax: 386-253-6300  
[www.daytonaseniorservices.org](http://www.daytonaseniorservices.org)

Holly Hill SICA Hall Senior Center is managed by the Council on Aging of Volusia County in partnership with the City of Holly Hill.